

**CALIFORNIA STATE UNIVERSITY, BAKERSFIELD**  
**Department of General Education**  
**CSUB 1019: First Year Seminar II**  
**Course Syllabus, Spring Semester 2018**

**Class Time:** M 5:30-6:20  
**Location:**  
**Instructor:** Steve Garcia  
**Office:** Sci III 332  
**Office Hours:** MW 2-5  
**Email:** [steve@cs.csubak.edu](mailto:steve@cs.csubak.edu)

**Required Materials**

*Runner Life 2017-2018: The First-Year Experience Handbook* by Matthew Woodman. ISBN: 9781535007900.

The book is on reserve at the Walter W. Stiern Library. Bring your CSUB ID Card to the Check Out Desk to borrow a copy for 2 hours.

You will also need to become familiar with Blackboard Learn. You can logon to Blackboard at [www.csub.edu](http://www.csub.edu) (Blackboard link is at upper right). Your NetID and Password are the same as MyCSUB.

**Course Description:**

Students will make connections with a cohort of fellow students, their instructor, and key members of the campus community who can help ensure their academic success. They will learn about the campus by being introduced to the value of General Education and to its themes, their rights and responsibilities, important university policies and regulations, and available university resources. In addition, students in the course will utilize the necessary college-level skills to create a roadmap to graduation.

**Course Goals and Learning Outcomes:**

These goals and outcomes are a subset of the goals and learning outcomes for the year-long FYS sequence.

Goal 1. Demonstrate understanding of the support systems available and the expectations for successful engagement in and progress within a university degree program.

Outcome 1A. Students will demonstrate an understanding of their rights and responsibilities as a member of the CSUB community and be able to locate appropriate policies and procedures for successful progress to degree.

Outcome 1B. Students will locate and access appropriate campus resources.

Outcome 1C. Students will engage in and reflect upon campus events and opportunities.

Goal 2. Demonstrate the ability to utilize and further develop self-management as well as university-level skills.

Outcome 2A. Students will develop an understanding of effective self-management skills in order to successfully progress towards a degree program.

Outcome 2C. Students will demonstrate introductory level oral and written communication skills.

Goal 3. Students will articulate career and other life goals and reflect upon the academic preparation necessary for their collegiate success.

Outcome 3A. Students will identify career and other life goals.

Outcome 3B. Students will develop a 4-year academic roadmap to graduation that incorporates general education, major, and minor requirements.

Outcome 3C. Students will reflect upon their life experiences that have led them to pursue a college degree at CSUB.

Outcome 3D. Students will explain how their university experiences to date have prepared them for future academic success and identify habits, skills and knowledge that they will need to develop further to realize their academic goals.

**Equal Access:** If you have a disability and need academic adjustments or auxiliary aids and services, please notify me immediately so appropriate accommodations can be provided. You may also contact the Services for Students with Disabilities Office in SA 140, x3360, <http://www.csub.edu/UnivServices/SSD/>.

### **Course Requirements/Student Responsibilities:**

**Absences/Attendance:** Attendance is required.

- Each student will be allowed a maximum of 3 absences.
- If a student leaves class **early**, that will be counted as an **absence**.
- On the 4<sup>th</sup> absence, the student will automatically receive no credit for the course.

NOTE: In specific cases such as, university athletic competition, students will be excused from class without penalty if notification is received by the instructor prior to the scheduled absence.

### **Late Policy:**

If you are significantly late to class, the instructor reserves the right to determine whether or not you will be given attendance credit for that day.

### **Grading:**

This is a graded course. Students not earning a grade of “D-” or above will receive a grade of “NC” and not receive credit for the course.

Academic Road Map	20%
Group Presentation	10%
Philosophical Chairs	10%
Campus Activity Report	10%
Career/Life Goals & Academic Preparation Reflection	20%
Class Participation/Discussion Questions	10%
Other Assignments*	<u>20%</u>
	100%

The instructor will provide more details on these assignments.

### **Academic Road Map**

You will be required to develop a road map to graduation that satisfies all graduation requirements: general education, major/minor, and other university requirements.

### **Group Presentation**

You will be required to make a brief (7 minute maximum) oral presentation to the class on a topic approved by the instructor. Groups will consist of three individuals.

### **Philosophical Chairs**

You will be required to submit written evidence that you are prepared both to add to the class discussion topic and to listen to others' ideas. The instructor will provide more detail on the assignment.

### **Campus Activity Report**

You will be required to attend an approved campus activity and answer the following questions in writing.

1. Briefly describe the event in terms of participants, attendance, etc.
2. What are the most important things you gained as a result of your attendance?
3. Did attending this event cause you to reflect upon/change your career goals? Explain.
4. Did attending this event cause you to reflect upon/change your other life goals? Explain.
5. Would you attend a similar event in the future? Why?

### **Career/Life Goals & Academic Preparation Reflection**

You will be required to submit a reflection with the following components.

1. What important events/experiences contributed to your decision to seek a college degree?
2. What are your career goals? How and why did you select these? Do you feel they will change in the future? Why?
3. What are your other goals in life? How and why did you select these? Do you feel they will change in the future? Why?
4. What have you done so far at CSUB to prepare you for academic success?
5. What habits, skills and knowledge will you need to continue to develop to be successful in reaching your goals?

### **Class Participation/Discussion Questions**

The following things are required to make the course experience valuable for you and others.

- Regular Attendance
- Attentively Listening to Other Students' Oral Presentations
- Preparing for Class by Reading Assigned Materials and Coming to Class with Questions
- Participating in Course Visits and Presentations

In addition, you will bring one TYPEWRITTEN question to class to be handed in (with your name and the *Runner Life* Chapter which is being covered on that date). The questions can deal with any topic in the text or any other topic dealing with university life or issues important to college freshman. The purpose of the questions is to stimulate class discussion on topics of interest and to encourage engagement with the *Runner Life* text. Handwritten and late questions will only receive half credit.

## **Course Outline**

Week One: <i>January</i>	Introduction, Course policies Getting to Know One Another
Week Two: <i>January</i>	<i>Runner Life</i> Chapter 13: AIMS—General Education at CSUB Academic Road Maps
Week Three: <i>February</i>	<i>Runner Life</i> Chapter 14: Foundational Skills Guest Lecture—Academic Skills for a Lifetime
Week Four: <i>February</i>	<i>Runner Life</i> Chapter 15: General Education Themes Guest Lecture—GE Themes at CSUB
Week Five: <i>February</i>	<i>Runner Life</i> Chapter 16: Group Presentations & Working Collaboratively Group Presentation Resources on Blackboard <b>Assignment Due: Academic Road Map</b>
Week Six: <i>February</i>	<i>Runner Life</i> Chapter 17: Getting Involved Guest Lecture/Video—Student Activities
Week Seven: <i>March</i>	<i>Runner Life</i> Chapter 18: <i>Physical Well-Being</i> Guest Lecture/Video: SRC
Week Eight: <i>March</i>	<i>Runner Life</i> Chapter 19: Mental Well-Being and Stress Management Guest Lecture/Video: Counseling Center
Week Nine: <i>March</i>	<i>Runner Life</i> Chapter 20: Sexual Well-Being & Responsibility Guest Lecture/Videos: Health Center, “It’s on Us” <b>Skills for Success Module 6: Preparing for a Group Discussion</b>
<b>March 26-30</b>	<b><i>SPRING BREAK No Class</i></b>
Week Ten: <i>April</i>	<i>Runner Life</i> Chapter 21: Celebrating Diversity Guest Lecture/Videos: Services for Students with Disabilities
Week Eleven: <i>April</i>	Group Presentation/Discussion I
Week Twelve: <i>April</i>	<i>Runner Life</i> Chapter 22: Understanding and Developing the Self Group Presentation Discussion I (continued) <b>Skills for Success Module 7: Philosophical Chairs</b>
Week Thirteen: <i>April</i>	<i>Runner Life</i> Chapter 23: How to Research Sources Library Presentation: Database Searches <b>Assignment Due: Campus Activity Report</b>
Week Fourteen: <i>May</i>	<i>Runner Life</i> Chapter 24: Planning Careers/Resume Building Guest Lecture/Videos: CECE <b>Assignment Due: Career/Life Goals and Academic Preparation Reflection</b>
Week Fifteen: <i>May</i>	Philosophical Chairs