

FITNESS LESSON PLAN
Calleshia Giliam

Date: February, 2020

Grade: 1st - 6th

Subject:

Topic:

Lesson Duration:

Attainment Target:

Science Standards:

Mathematics Standards:

Technology Standards:

Resource Materials: *You may select videos that align with the topic of choice.*
Worksheet titles from Pinterest or any edu source:

General Objective:

Learning Objectives:
Students will:

Content Outline:

Play ground Safety:

Activity Highlights:

Exploration:
Evaluation: Google form quizzes, discussions, individual projects, and Flipgrid uploads.
Enrichment: